PLANT FACT SHEET

Renealmia thyrsoidea (Ruiz) & Pav.) Poepp. & Endl.

GENUS *Renealmia* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds - drink

The fibres inside the fruit are cooked and eaten.

DESCRIPTION

A ginger family herb. It can grow 1-5 m tall. It produces clumps of upright stems. The leaves are 20-75 cm long by 5-15 cm wide. The fruit are 2.5 cm long by 1.5 cm wide. There are 30-70 seeds.

HABITAT

It is a tropical plant. It can grow in forests up to 3,000 m above sea level. It can grow in swampy areas.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c8b78a65-daa2-493e-8e75-fed8f5369b3e