PLANT FACT SHEET

Brunnichia ovata (Walter) Shinners

GENUS *Brunnichia* **FAMILY** Polygonaceae

COMMON NAMES Ladies' eardrops, Climbing buckwheat

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds can be used for flour.

DESCRIPTION

A vine with stems that spread over the soil and form roots at the nodes. The young stems climb by tendrils. It can be 13 m long. The leaves are 3-15 cm long by 2-8 cm wide. The flowering shoots are 5-26 cm long.

HABITAT

It is a tropical plant.

NOTES

Also put in the family Dioscoreaceae.

REFERENCES

Omoruyi, F. O., 2008, Jamaican Bitter Yam Sapogenin: Potential mechanisms of Action in Diabetes. Plant Foods for Human Nutritition, 63:135-140 (As Rajania ovata)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c8f0bd5f-7274-415b-a2b7-94622daa6a8f