PLANT FACT SHEET

Brosimum costaricanum Liebm.

GENUS *Brosimum* **FAMILY** Moraceae

COMMON NAMES Ojoche, Costa Rica breadnut tree

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Latex, Leaves, Flowers

The seeds are boiled and eaten.
The flowers are cooked and eaten.

DESCRIPTION

A tree. It can grow 30 m tall. The trunk can be 30 cm across. The trunk has small buttresses. It has milky sap.

HABITAT

A tropical plant. It grows from sea level to 2,200 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c8f34e19-7ef9-4922-8c6e-e55884648d9c