PLANT FACT SHEET

Centella coriacea Nannf.

GENUS *Centella* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a subtropical plant.

REFERENCES

Bvenura, C. and Afolayan, A. J., 2017, Tackling food and nutrition insecurity using leafy wild vegetables: The nutritional compositions of some selected species.

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c917a620-f2d4-4bef-a853-7c9842a69e12