PLANT FACT SHEET

Thymus herba-barona Loisel.

GENUS *Thymus* **FAMILY** Lamiaceae

COMMON NAMES Caraway thyme

EDIBLE PARTS AND USES

Edible parts: Herb

The leaves have a scent of caraway seeds and are used to flavour soups, vegetables and poultry.

DESCRIPTION

A small herb or shrub which lies along the ground. It grows 10 cm high and spreads 60 cm wide. It forms loose carpets. The flower heads are 5-13 cm high. The leaves are smooth and oval or sword shaped. They are flat, shiny and dark green. They are 1.3 cm long. They can smell like caraway, lemon or nutmeg when crushed. The flowers are bright pink and in rings in spikes.

HABITAT

It is a temperate plant. It suits hardiness zone 7-9. Melbourne Botanical Gardens.

NOTES

There are between 300 and 400 Thymus species.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c9368c2e-fad2-4dcc-9d71-b5f752194458