PLANT FACT SHEET

Passiflora umbilicata (Griseb.) Harms

GENUS *Passiflora* **FAMILY** Passifloraceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds

Fruit are eaten raw or cooked.

DESCRIPTION

A vine. It climbs 5 m high. It has tendrils that attach to other things. The young stems are slender and green and have ribs along them. The leaves have 3 lobes. The fruit are 7 cm long by 4 cm wide.

HABITAT

A subtropical plant. In Argentina it grows between 1,000 to 4,000 m above sea level. It suits USDA hardiness zones 8-11. It suits the seasonally dry tropics.

NOTES

There are about 400 Passiflora species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c94157f1-4da7-41d4-bfa2-f01c8fcebd26