PLANT FACT SHEET

Ceanothus cuneatus (Hook.) Nutt.

GENUS *Ceanothus* **FAMILY** Rhamnaceae

COMMON NAMES Buckbrush

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves - tea, Flowers - tea

The leaves and flowers are steeped in boiling water for about 5 minutes to make tea.

DESCRIPTION

A shrub. It grows 3 m tall. The leaves are stiff and can have small teeth along the edge. The flowers are in rounded bunches or very small flowers. They are white. The fruit is a round capsule about 12 mm wide. There are 3 dark shiny seeds.

HABITAT

It is a temperate plant.

NOTES

There are about 55 Ceanothus species.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c965585c-9f10-4076-90ed-6e07b3b6c295