PLANT FACT SHEET

Torulaspora delbrueckii (Lindner) Lindner

GENUS *Torulaspora* **FAMILY** Saccharomycetaceae

COMMON NAMES Kefir yeast, Sherry yeast

EDIBLE PARTS AND USES

Edible parts: Yeast, Fungus

A lactose-negative yeast that is involved in fermentation with kefir as well as sherry and colonche.

DESCRIPTION

A yeast.

REFERENCES

Facciola, S., 1998, Cornucopia 2: a Source Book of Edible Plants. Kampong Publications, p 253

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c969ed4a-df0f-4b12-b2d5-6e8120f2b461