PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Fritillaria pudica (Pursh.) Spreng.

GENUS *Fritillaria* **FAMILY** Liliaceae

COMMON NAMES Yellow Fritillary, Yellow Missionbells

EDIBLE PARTS AND USES

Edible parts: Bulbs, Root, pod

Caution: Most fritillarias are poisonous if eaten.
The bulbs and offsets have been used as food. The are eaten raw, boiled, or steamed. They can be dried and stored.

DESCRIPTION

A small herb that keeps growing from year to year. It is 10-30 cm high. There are only a few leaves and they are narrow and oblong. The flowers are pale yellowish-green. They have a faint purple stripe. The flowers turn orange or brown with age. The flowers usually occur singly and are nodding. They are cup shaped. The fruit is a dry papery capsule. It has many seeds.

HABITAT

It is a temperate plant. It grows on dry hillsides and stony mountain slopes.

NOTES

There are about 100 Fritillaria species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/c973aef3-58ea-44da-9962-1f10dab10171