PLANT FACT SHEET

Myristica castaneifolia A. Gray

GENUS *Myristica* **FAMILY** Myristicaceae

COMMON NAMES Kaudamu

EDIBLE PARTS AND USES

Edible parts: Nuts - spice

DESCRIPTION

A tree. It can grow 5-30 m high. The trunk is slender. It is 40 cm across. The branches are horizontal. The outer ring of flower sepals are brown with a few hairs and dull greenish yellow inside. The fruit are on branches below the leaves. They are yellow to brown. They are softly hairy. The aril or layer around the seed in bright red.

HABITAT

A tropical plant. It can grow in dense or open forest. In Fiji it can grow between 30-1,150 m altitude.

PRODUCTION

Harvesting and Seed Production

It flowers are fruits all year round.

NOTES

There are about 120 Myristica species. They grow in the tropics.

REFERENCES

Etoh, T. & Sundaresan, 1985, Food Plants in Fiji and Their Utilization. Kagoshima Univ. Res. Center S. Pac, Occasional Papers, No. 5. p. 145-164.

GTZ 1996, A Guide to some Indigenous Fijian Trees. GTZ Suva. p 93

Parham, H. B. R, 1940, Supplement to the Journal of the Polynesian Society No. 16. Fiji Plants: Their Name and Uses.

Smith, A.C., 1981, Flora Vitiensis Nova, Lawaii, Kuai, Hawaii, Volume 2 p 45

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ca2b4e4c-6298-4999-a692-c1913a3b4a32