PLANT FACT SHEET

Descurainia pinnata subsp. ochroleuca (Wooton) Detling

GENUS *Descurainia* **FAMILY** Brassicaceae

COMMON NAMES Palmita

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds - oil

The young leaves are eaten.
The seeds are a minor source of oil.

DESCRIPTION

A cabbage family herb. It is an annual plant. The leaves are finely divided. The flowers are purple or red. The fruit pods are short and flat.

HABITAT

It is a tropical plant. It grows between 30-1,800 m above sea level.

REFERENCES

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Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 301 (As Descurainia pinnata subsp. halictorum)

Martin, P. S. et al, (Eds.), 1998, Gentry's Rio Mayo Plants. The Tropical Deciduous Forest & Environs of Northwest Mexico. University of Arizona Press. p 270 (As Descurainia pinnata subsp. halictorum)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ca6d1eab-3864-4345-ace8-a2b717c74f36