PLANT FACT SHEET

Pleurospermum camtschaticum Hoffman

GENUS *Pleurospermum* **FAMILY** Apiaceae

COMMON NAMES Ridge-fruited celery

EDIBLE PARTS AND USES

Edible parts: Root, Leaves

The young plants are gathered in spring and washed, drained, chopped with onion and seasoned with soysauce and eaten in salads.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 1-2 m high. The stems are 2-3 cm across. They have lines of stiff hairs and are ridged. The leaves are oval or triangle shaped and 15-30 cm long and wide. They are divided 3 times. The end segments are 2-6 cm long by 1-3 cm wide. They have lobes and teeth. The flowers are in groups 10-20 cm across at the end of branches.

HABITAT

It is a temperate plant. It grows in the shade of forests.

REFERENCES

Hu, Shiu-ying, 2005, Food Plants of China. The Chinese University Press. p 604

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ca6e955b-ac69-479d-9f0d-151b2e0c984e