PLANT FACT SHEET

Amaranthus acanthochiton Sauer

GENUS *Amaranthus* **FAMILY** Amaranthaceae

COMMON NAMES Greenstripe

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds, Vegetable

The leaves and shoots are used as a vegetable and also dried for use in winter.
The seeds are cooked and eaten.

DESCRIPTION

An annual herb. It grows 10-80 cm tall. The stems have stripes. The leaves are alternate and sword shaped. They are slender and 2-8 cm long by 2-12 mm wide. The flowers are pale green. They are in dense spikes. The seeds are brown and 1 mm across.

HABITAT

It is a temperate and subtropical plant. In Mexico it grows between 1,000-2,000 m above sea level. Arizona

NOTES

There are about 70 genera and 1000 species of Amaranthaceae. They are usually herbs or shrubs and most are in the tropics.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ca734c3b-3d05-4b5a-9a3f-9dc216b50ad1