PLANT FACT SHEET

Pelargonium sidoides DC.

GENUS *Pelargonium* **FAMILY** Geraniaceae

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

The roots are cooked and eaten as a vegetable.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean plant.

REFERENCES

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Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

Youngblood, D., 2004, Identification and Quantification of Edible Plant Foods in the Upper (Nama) Karoo, South Africa. Economic Botany 58 (Supplement) :S43-S65

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ca9cf95a-d0bf-4fd4-ac66-a8d0bb70b242