PLANT FACT SHEET

Zehneria japonica (Thunb.) H. Y. Liu

GENUS *Zehneria* **FAMILY** Cucurbitaceae

COMMON NAMES Chum-thang, Cauqua trai-trang, Small wild gourd

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Roots

The ripe fruit are eaten raw. The fruit are purgative. They are recorded as eaten.
The root is boiled with chicken and eaten.

DESCRIPTION

A pumpkin family plant. It is a fine climbing plant. It has fleshy thickened roots. There are fine hairs underneath the stems. The stems are much branched and 1-2 m long. The tendrils are not branched. The leaves are oval or triangle shaped and 3-8 cm long. They taper to the tip and have lobes at the base. They are irregularly rounded or scalloped along the edge. The flowers are white and of one sex but with both sexes on the same plant. They are 5 mm across. The fruit are oval and 1-2 cm long. The fruit are whitish berries.

HABITAT

A tropical plant.

NOTES

There are about 30 Zehneria species. They grow in the tropics and subtropics.
Check name Neoachmandra indica (Lour.) W. J. de Wilde & Duyfjes;

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