PLANT FACT SHEET

Edibility uncertain
It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Callicarpa rubella Lindl.

GENUS *Callicarpa* **FAMILY** Lamiaceae

COMMON NAMES Soh shun, Chinese beauty berry

EDIBLE PARTS AND USES

Edible parts: Leaves, edible or wrapping, Bark - masticatory, Root

The bark and roots are chewed as a substitute for betel nut.
The roots are also eaten.

DESCRIPTION

A compact semi-deciduous shrub. The stems are 2.7 m long. They arch over. The leaves are pale yellowish-green. They are 12 cm long. The flowers are small and pink. The fruit are deep purple berries. They remain on the plant for a long time.

HABITAT

It is a subtropical plant. It grows naturally in tropical and subtropical Asia. It needs a warm location. In southern China it grows between 100-3,500 m above sea level. It suits hardiness zones 9-11. In Sichuan and Yunnan.

PRODUCTION

Cultivation

Plants are grown from seeds.

NOTES

There are about 140-150 Callicarpa species. Most are in the tropics and subtropics.
Previously in the Verbenaceae family.

PICTURES



Credit: Food Plants International (Bruce French)



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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cad80ca3-76ce-458a-9a6a-c5cdf069a83d