PLANT FACT SHEET

Cyperus alatus (Nees) F. Muell.

GENUS *Cyperus* **FAMILY** Cyperaceae

EDIBLE PARTS AND USES

Edible parts: Bulbs

DESCRIPTION

A sedge. It has bulbs. It grows in tufts. The short underground stem or rhizome produces several stems and leaves. The stems are 10-70 cm long and 0.4-1.7 mm thick. They are angular or triangle shaped. The leaves are 5-40 cm long and 2-7 mm wide.

HABITAT

It is a tropical plant.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145 (subsp. albus)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/caf0f9bf-0a49-4f05-9b9e-9e0c575bead8