PLANT FACT SHEET

Ruscus colchicus Yeo

GENUS *Ruscus* **FAMILY** Asparagaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Stem

The stem is eaten raw.

DESCRIPTION

A shrub.

HABITAT

It is a temperate plant.

REFERENCES

Bussman, R. W., et al, 2021, Unity in diversity—food plants and fungi of Sakartvelo (Republic of Georgia), Caucasus. Journal of Ethnobiology and Ethnomedicine (2021) 17:72 p 6

Ertug, F, Yenen Bitkiler. Resimli Türkiye Florası -I- Flora of Turkey - Ethnobotany supplement

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cb930b21-5d76-4641-b043-0faf5cbeda49