PLANT FACT SHEET

Wajira praecox (Verdc.) Thulin & Lavin

GENUS *Wajira* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Roots

DESCRIPTION

A bean family herb. It is a climber and grows up to 3 m long. It loses its leaves in the dry season but then produces its flowers. Young stems have hairs. The leaves have 3 leaflets. They are oval and 2-6 cm long by 2-5 cm wide. The flowers are in tight bundles. The pods are narrow and 6-10 cm long by 6-7 mm wide. The seeds are dark reddish-brown with black marks.

HABITAT

It is a tropical plant.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cbd055fd-d26e-42fe-93f5-df4dfaf8f6cf