PLANT FACT SHEET

Cissus populnea Guill. et Perr.

GENUS *Cissus* **FAMILY** Vitaceae

COMMON NAMES Treebine

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Flowers, Stem, Sap, Vegetable

The pulp of the fruit is eaten. It is used in soups.
The leaves are used to make a slimy sauce.
The stems are used as a condiment or flavouring. They provide water.

DESCRIPTION

A strong woody climber. It grows 8-10 m long. It is 7 cm across. The leaves are oval. The flowers are yellowish-green. The fruit are blue and soft.

HABITAT

A tropical plant. It can grow from the coast to the Sahel woodlands in West Africa. It can grow in arid places. In Ethiopia it grows between 650-850 m above sea level.

NOTES

There are about 200-350 Cissus species. There are about 75 species in tropical America.

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