PLANT FACT SHEET

Amomum sericeum Roxb.

GENUS *Amomum* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Seeds - spice

The seeds are added to foods as a spice.

DESCRIPTION

A ginger family herb. It grows 1-3 m tall. The leaf stalk is 4-8 cm long. The leaves are sword shaped and 50-65 cm long by 7-15 cm wide. There are silvery hairs underneath. The spike is almost round and 4-5 cm across. The flowers are white. The fruit is a pale brown capsule 2.5 cm long by 2 cm wide. It is 3-5 angled.

HABITAT

It is a subtropical plant. It grows in wet places in dense forests between 600-1,200 m above sea level in southern China. It grows in Yunnan in China.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Ghorbani, A., et al, 2012, A comparison of the wild food plant use knowledge of ethnic minorities in Naban River Watershed Nature Reserve, Yunnan, SW China. Journal of Ethnobiology and Ethnomedicine; 8:17

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cbfc795c-9d9c-4872-a320-6e546b3f5f57