PLANT FACT SHEET

Calamus exilis Griff.

GENUS *Calamus* **FAMILY** Arecaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Medicine

The shoots are eaten as a vegetable.

DESCRIPTION

A cane or rattan.

HABITAT

It is a tropical plant.

REFERENCES

Pawera, L., et al, 2020, Wild Food Plants and Trends in Their Use: From Knowledge and Perceptions to Drivers of Change in West Sumatra, Indonesia, Foods. 2020, 9, 1240

Zona, S., Heart of Palm Use: A Family Survey. p 2

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cc2f77e2-0eab-417b-89b8-e1401b921729