PLANT FACT SHEET

Roscoea tibetica Batalin

GENUS *Roscoea* **FAMILY** Zingiberaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are cooked and eaten as a vegetable.

DESCRIPTION

A ginger family herb. It grows 5-15 cm tall. There are 1-3 leaves. The leaves are narrowly oval but widest near the base. They are 2-6 cm long by 1-3 cm wide. They are hairy when young. The flowers are enclosed by leaf sheaths. The bracts are oval and 3-4 cm long. The flowers are purple or violet.

HABITAT

It is a subtropical plant. It grows in pine forests and alpine meadows between 2,400-3,800 m above sea level. In Sichuan and Yunnan.

REFERENCES

Weckerle, C. S., et al, 2006, Plant Knowledge of the Shuhi in the Hengduan Mountains, Southwest China. Economic Botany 60(1):2-23

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cc3282df-7205-45f7-8b54-c19189e67c03