PLANT FACT SHEET

# *Eleutharrhena macrocarpa* (Diels) Forman

**GENUS** *Eleutharrhena* **FAMILY** Menispermaceae

**COMMON NAMES** Xixidongdong

## EDIBLE PARTS AND USES

**Edible parts:** Fruit, Leaves

The fruit are boiled before eating.
The leaves are cooked and eaten as a vegetable.

## DESCRIPTION

A vine. The young stems have lines along them. The leaf stalk is slender and 3-8 cm long. The leaves are oval and 10-22 cm long by 5-13 cm wide. The fruit are yellow or red. They are narrowly oval and 3 cm long by 2 cm wide. The seeds are oval.

## HABITAT

A tropical plant. It grows in Yunnan in China between 600-1100 m altitude. It grows in seasonal rainforest and monsoon rainforest.

## PRODUCTION

### Harvesting and Seed Production

Leaves are available year round. Plants flower in May and fruit in October.

## REFERENCES

Jin, Chen et al, 1999, Ethnobotanical studies on Wild Edible Fruits in Southern Yunnan: Folk Names: Nutritional Value and Uses. Economic Botany 53(1) pp 2-14

Xu, You-Kai, et al, 2004, Wild Vegetable Resources and Market Survey in Xishuangbanna, Southwest China. Economic Botany. 58(4): 647-667.

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/cc48e0b0-75b9-439f-a936-48cf7bcaa506