PLANT FACT SHEET

# *Epixiphium wislizeni* (Engelm. ex Gray) Munz

**GENUS** *Epixiphium* **FAMILY** Plantaginaceae

**COMMON NAMES** Balloonbush, Snapdragon vine

## EDIBLE PARTS AND USES

**Edible parts:** Fruit, Pods

The fruit or pods are eaten fresh or boiled.

## DESCRIPTION

A vine or scrambling herb. It grows 2 m long. The leaves are almost triangle shaped. The flowers are tube shaped and blue or white.

## HABITAT

It is a temperate plant. It grows in sand dunes. It grows between 1,300-1,900 m above sea level.

## NOTES

Also put in the family Scrophulariaceae.

## REFERENCES

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 213

**PROVIDED BY** **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/cc56ebea-36de-4f42-b386-5811098c4fd0