PLANT FACT SHEET

Ononis viscosa L.

GENUS *Ononis* **FAMILY** Fabaceae

COMMON NAMES Clammy restharrow

EDIBLE PARTS AND USES

Edible parts: Flowers - tea

The flowering parts are used for a herbal tea.

DESCRIPTION

A bean family herb. It is an upright plant. The leaves have teeth towards the top. The pod is slightly hairy.

HABITAT

It is a subtropical climate plant.

REFERENCES

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cc82599f-6a8e-4885-9409-daae1c4c25c4