PLANT FACT SHEET

Dysphania cristata (F. Muell.) Mosyakin & Clements

GENUS *Dysphania* **FAMILY** Amaranthaceae

COMMON NAMES Crested Goosefoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

DESCRIPTION

A small spreading annual herb. It grows 10-30 cm high and spreads 50-100 cm wide. It has many stems. They are hairy. The leaves are 1-2 cm long and oval with slender leaf stalks. The flowers are in small clusters in the axils of leaves. The seeds are reddish brown.

HABITAT

It grows in subropical and warm temperate areas. It grows in areas of low rainfall. It needs well drained soils.

PRODUCTION

Cultivation

Plants can be grown from seed or cuttings.

NOTES

There are about 100-150-250 Chenopodium species. They are mostly in temperate regions. Also put in the family Chenopodiaceae.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Bodkin, F., 1991, Encyclopedia Botanica. Cornstalk publishing, p 249 (As Chenopodium cristatum)

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Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/ (As Chenopodium cristatum)

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cc9b7931-e878-47c5-8cc7-17d570004dc9