PLANT FACT SHEET

Viola mandshurica W. Becker

GENUS *Viola* **FAMILY** Violaceae

COMMON NAMES Manchurian violet

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

The whole plant is eaten. The leaves are eaten in soup.

DESCRIPTION

A herb. It keeps growing from year to year. It is 6-18 cm tall. The leaves are narrowly oval and 2-6 cm long by 1-2 cm wide. The flowers are purple to violet. They are 2 cm across.

HABITAT

It grows on grassy slopes and the edges of forests below 1,000 m above sea level.

NOTES

There are about 500 Viola species.

REFERENCES

BARANOV,

Bot. Jahrb. Syst. 54:179. 1917

Chen, B. & Qiu, Z., Consumer's Attitudes towards Edible Wild Plants, Ishikawa Prefecture, Japan. p 26 www.hindawi.com/journals/ijfr/aip/872413.pdf

Hwang, H., et al, 2013, A Study on the Flora of 15 Islands in the Western Sea of Jeollanamdo Province, Korea. Journal of Asia-Pacific Biodiversity Vol. 6, No. 2 281-310

Hwang, HS, et al, 2014, Distribution characteristics of plant in the Ungseokbong Mountain, Gyeongsangnam-do, Korea. Journal of Asia-Pacific Biodiversity. 7(2014) e164-e178

Kim, H. & Song, M., 2013, Ethnobotanical analysis for traditional knowledge of wild edible plants in North Jeolla Province (Korea). Genetic. Resour. Crop Evol. (2013) 60:1571-1585

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ccb51e18-2d99-4c36-8ac3-53bf8c031d1a