PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Gaultheria schultesii Camp

GENUS *Gaultheria* **FAMILY** Ericaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub. It grows 0.2-1.5 m tall. The bark is greyish and peels off. The leaves are narrowly oval and 1.5-3.5 m long by 1-1.8 cm wide. The base can be rounded and it tapers to the tip. There are teeth along the edge and these end with a hair. The fruit are round and 9-10 mm wide. They are dark blue to black.

HABITAT

It is a subtropical plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 384

Segura, S., et al, 2018, The edible fruit species in Mexico. Genet Resour Crop Evol (2018) 65:1767–1793

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ccbebe21-e5d9-4d08-94f8-683b285c4bbf