PLANT FACT SHEET

Monardella lanceolata A. Gray

GENUS *Monardella* **FAMILY** Lamiaceae

COMMON NAMES Mustang mint

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The fresh or dried leaves and flower clusters are used for tea.

DESCRIPTION

A herb. It grows 50 cm high. The leaves are sword shaped and 3-4 cm long. The flowers occur in rounded head like clusters. These are 2.5 cm across.

HABITAT

It suits hardiness zone 9.

PRODUCTION

Cultivation

Plants can be grown from seed or by division.

NOTES

There are 19-20 Monardella species. They grow in North America.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ccda3c71-06ee-4a8a-a745-0be343c4310c