PLANT FACT SHEET

Canthium parvifolium Roxb.

GENUS *Canthium* **FAMILY** Rubiaceae

COMMON NAMES Aila, Gale

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

The fruit are eaten raw.
The leaves are eaten in curries.

DESCRIPTION

A thorny shrub. It loses its leaves during the year. It grows 7 m high. The leaves are 5.5 cm long by 3 cm wide. The flowers are in groups of 2-8. The fruit are yellow-green. They turn brown after ripening.

HABITAT

A tropical plant. In Yunnan in China it grows between 600-1500 m altitude. It grows in secondary forest. In XTBG Yunnan.

NOTES

There are about 200 Canthium species.

PICTURES



Credit: Food Plants International (Bruce French)

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