PLANT FACT SHEET

Taraxacum oblongatum Dahlst.

GENUS *Taraxacum* **FAMILY** Asteraceae

COMMON NAMES Oblong-leaved dandelion

EDIBLE PARTS AND USES

Edible parts: Leaves

The above ground parts are cooked.

DESCRIPTION

A herb. The leaf stalks have narrow wings. The leaves have rounded side lobes and and oval end lobe.

HABITAT

It is a temperate plant.

REFERENCES

Ijaz, S., et al, 2022, Traditional knowledge of wild edible plants used by the people of Lawat, District Neelum, Azad Jammu & Kashmir, Pakistan. Ethnobotany Research and Applications 23:24

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ccfd2983-6adc-4f35-a8f3-db76e0796274