PLANT FACT SHEET

Lygodium salicifolium Presl

GENUS *Lygodium* **FAMILY** Lygodiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves and young stems are eaten as a potherb.

DESCRIPTION

A fern. It can be climbing up to 10 m tall. The stem is 2 mm across.

HABITAT

It is a subtropical plant. It grows in mixed forests between 800-1,200 m above sea level.

NOTES

Also put in the family Schizaeaceae.

REFERENCES

Cao, Y., et al, 2020, Ethnobotanical study on wild edible plants used by three trans-boundary ethnic groups in Jiangcheng County, Pu'er, Southwest China. Journal of Ethnobiology and Ethnomedicine (2020) 16:66

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ccff07f1-c5f2-48ac-a77d-629d3a3fc471