PLANT FACT SHEET

Pourouma cuspidata Mildbr.

GENUS *Pourouma* **FAMILY** Urticaceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A small tree. It can be 8 m tall. The trunk can be 10 cm wide. The bark is grey and smooth with rings at the nodes. The leaves are large and have pointed lobes. The fruit are purple and fleshy and edible.

HABITAT

It is a tropical plant. It suits the wet tropics. It has been recorded at 200 and 1,100 m above sea level.

REFERENCES

Lopez-Diago, D. & Garcia, N., 2021, Wild edible fruits of Colombia. Biota ColomBiana 22 (2) p 53

Roa, J. A. G. & Boada, D. S. G., 2018, Fundación para el Fortalecimiento de la Fruticultura y Plantas Alimenticias no Convencionales en Colombia.

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cd016a77-eb13-4f78-be88-267a1a952c39