PLANT FACT SHEET

Vigna monophylla Taub.

GENUS *Vigna* **FAMILY** Fabaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

An erect or trailing herb. It grows 60 cm tall. It keeps growing from year to year. It has a slender tuber like root. This can be 7 cm long by 1.5 cm wide. The stems are angled. The leaves are simple and the blade is oval or sword shaped. They can be 2-12 cm long by 1-3 cm wide. The flowers can be yellow, white or purple. The fruit is a pod 4-5 cm long by 3-4 mm wide. The seeds are small and 2-3 mm across.

HABITAT

It is a tropical plant. It grows in open woodland and wet grassland. It grows between 1,000-1,800 m above sea level.

REFERENCES

Goode, P., 1989, Edible Plants of Uganda. FAO p 54

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cd31d383-7906-4423-92e4-871201d24d74