PLANT FACT SHEET

Myristica elliptica Wallich ex Hook.f. & Thomson

GENUS *Myristica* **FAMILY** Myristicaceae

COMMON NAMES Swamp nutmeg tree

EDIBLE PARTS AND USES

Edible parts: Nuts - flavouring, Seeds - spice

The nut is used as flavouring or spice.

DESCRIPTION

A tree. It grows to 35 m high. The trunk is 100 cm across. It usually has deep thick buttresses or stilt roots. The crown has hanging branches. The bark is pale grey and smooth with lenticels. The leaves are papery. They are oval or oblong. They taper at both ends. There are 12-17 pairs of secondary veins. The flowering stalk has few branches and the fruit occur in clusters. The fruit is large and mango shaped. It is smooth and orange-yellow.

HABITAT

A tropical plant. It grows in permanent and seasonal swamps. It grows up to 500 m above sea level. It can grow in sandy soils and limestone.

NOTES

There are about 120 Myristica species. They grow in the tropics.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cd37091e-7583-4306-83f7-e4d557c19eb3