PLANT FACT SHEET

Cirsium horridulum Michx.

GENUS *Cirsium* **FAMILY** Asteraceae

COMMON NAMES Bull thistle, Purple thistle, Spiny thistle

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked as salad greens and cooked as a vegetable.

DESCRIPTION

A herb. It is a thistle.

HABITAT

It is a temperate plant.

REFERENCES

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 231

Tozer, F., 2007, The Uses of Wild Plants. Green Man Publishing. p 69

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cd45d523-43f2-4ff0-a52f-7f6711b2144d