PLANT FACT SHEET

Eriogonum davidsonii Greene

GENUS *Eriogonum* **FAMILY** Polygonaceae

COMMON NAMES Davidson's buckwheat

EDIBLE PARTS AND USES

Edible parts: Seeds

The seeds are pounded into a meal and eaten dry.

DESCRIPTION

A herb. It grows 10-50 cm tall. The leaves are at the base. The leaves are round to kidney shaped and 1-2 cm long by 1-2 cm wide. They have a white coating. The flowering stems are 5-15 cm long. The dry fruit is 3 sided and 2 mm across.

HABITAT

It is a temperate plant. It grows between 900-2,600 m above sea level.

PRODUCTION

Harvesting and Seed Production

In California it flowers May to September.

REFERENCES

Encyclopedia of Life.

GRIN

Moerman, D. F., 2010, Native American Ethnobotany. Timber Press. p 222

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cd700890-6103-422d-9fd6-128f1312bdc7