PLANT FACT SHEET

Centaurea diluta Aiton

GENUS *Centaurea* **FAMILY** Asteraceae

COMMON NAMES Centaury

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems

The stems are eaten raw.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate plant. It grows in arid places.

REFERENCES

Nassif, F., & Tanji, A., 2013, Gathered food plants in Morocco: The long forgotten species in Ethnobotanical Research. Life Science Leaflets 3:17-54

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Tanji, A and Nassif, F., 1995, Edible Weeds in Morocco. Weed Technology. Vol. 9, No. 3, pp. 617-620

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cd872b2d-c409-401c-ab5c-1c187c3d1558