PLANT FACT SHEET

Hypochaeris elata (Wedd.) Griseb.

GENUS *Hypochaeris* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Plant

The leaves are eaten in salads.

DESCRIPTION

A herb. The leaves are long and narrow and have teeth along the edge. The flowers are on ong stalks in the axils of the leaves. The flowers are white.

HABITAT

It is a tropical plant. It grows between 2,400-3,600 m above sea level.

REFERENCES

Hensen, I., 1992, La Flora de la Comunidad Chorojo, Su uso, taxonomía científica y vernacular. Agroecología Universidad Cochabamba p 23

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cd9a0dd9-bcdf-402f-9def-beab4e1d0081