PLANT FACT SHEET

Atractylodes japonica Koidz. ex Kitam.

GENUS *Atractylodes* **FAMILY** Asteraceae

COMMON NAMES Sapchu

EDIBLE PARTS AND USES

Edible parts: Leaves, Root

DESCRIPTION

A herb.

HABITAT

It is a temperate plant. It grows in hills and on mountains.

NOTES

There are 7 Atractylodes species.
It probably has anticancer properties.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cdc790cd-40ee-4a18-bec9-df1490fa2ea6