PLANT FACT SHEET

Ricasolia amplissima (Scop.) De Not.

GENUS *Ricasolia* **FAMILY** Lobariaceae

COMMON NAMES Spreading leather lichen, Frilly leather lichen

EDIBLE PARTS AND USES

Edible parts: Lichen

The lichen is boiled until it is like scrambled eggs.

DESCRIPTION

A lichen.

HABITAT

It is a temperate plant. It grows on rocks and old tree stumps.

REFERENCES

Etkin, N.L. (Ed.), 1994, Eating on the Wild Side, Univ. of Arizona. p 73 (As Sticta amplissima)

Kuhnlein, H. V. and Turner, N. J., 1991, Traditional Plant Foods of Canadian Indigenous Peoples. Food and Nutrition in History and Anthropology Volume 8. Gordon and Breach. p 22 (As Sticta amplissima)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cdc9cdf7-2fcd-473b-9fba-c5e7ff17d53b