PLANT FACT SHEET

Porphyra vulgaris J Agardh.

GENUS *Porphyra* **FAMILY** Bangiaceae

COMMON NAMES Laver, Red laver

EDIBLE PARTS AND USES

Edible parts: Plant, Algae, Frond, Seaweed

It is eaten baked and raw.

DESCRIPTION

A seaweed.

HABITAT

It is a temperate plant.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/cdcecbee-d009-48af-a148-3f08ddab87f0