PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Alchornea floribunda Mull. Arg.

GENUS *Alchornea* **FAMILY** Euphorbiaceae

COMMON NAMES Kai, Sumara fida

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are cooked and eaten as a vegetable.

DESCRIPTION

A leaning shrub or tree. It grows 5-10 m high. The trunk can be 5 cm across. The leaves are alternate and broadly oval. They are 30 cm long by 10 cm wide. There are a few teeth along the edge. The flowers are small and in spikes in the axils of leaves.

HABITAT

It is a tropical plant. It grows in the undergrowth of closed forest. It can be in lowland swamps.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce014c22-5317-437b-88bc-b98ce3e516b0