PLANT FACT SHEET

Hymenoxys hoopesii (A. Gray) Biemer

GENUS *Hymenoxys* **FAMILY** Asteraceae

COMMON NAMES Owl's claws, Orange sneeseweed

EDIBLE PARTS AND USES

Edible parts: Sap chewed

Caution: The pollen can cause allergic reactions.
The root is used for medicine.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 1 m tall. The leaves are 30 cm long. The flowering shoots have several flower heads. They are 7.5 cm wide. They are orange to yellow.

HABITAT

It is a temperate plant.

REFERENCES

MacKinnon, A., et al, 2009, Edible & Medicinal Plants of Canada. Lone Pine. p 356 (As Helenium hoopesii)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce0d1d73-e5ec-4845-a307-7bdb822c36bd