PLANT FACT SHEET

Thymus orospedanus Villar

GENUS *Thymus* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The flowering aerial parts are used as a herbal tea and also for flavouring meat stews.

DESCRIPTION

A herb.

HABITAT

It is a Mediterranean climate.

REFERENCES

Benitez, G., et al, 2023, Wild Edible Plants of Andalusia: Traditional Uses and Potential of Eating Wild in a Highly Diverse Region. Plants 2023, 12, 1218 p 22

Tardio, J., et al, Ethnobotanical review of wild edible plants in Spain. Botanical J. Linnean Soc. 152 (2006), 27-71

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce2bb3cc-d469-4248-93d4-97b6a885760a