PLANT FACT SHEET

Lycopus lucidus var. hirtus Regel

GENUS *Lycopus* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Flowers

DESCRIPTION

A herb. The stems have hairs at the nodes.

HABITAT

It is a tropical plant. In Sichuan and Yunnan.

REFERENCES

Liu, Yi-tao, & Long, Chun-Lin, 2002, Studies on Edible Flowers Consumed by Ethnic Groups in Yunnan. Acta Botanica Yunnanica. 24(1):41-56

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce33c8d1-e576-4e40-9b41-01f763c91d3c