PLANT FACT SHEET

Cola pachycarpa K. Schum.

GENUS *Cola* **FAMILY** Malvaceae

COMMON NAMES Monkey kola (white)

EDIBLE PARTS AND USES

Edible parts: Seeds, Fruit, seeds - aril

The thick yellow layer around the seed is eaten raw.

DESCRIPTION

A tree. It grows to 15 m high. The trunk is 25 cm across. It has few branches. The flowers are attractive.

HABITAT

A tropical plant. It grows in humid rain-forest in West Africa.

NOTES

Also put in the family Sterculiaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce38617c-1c7c-46f8-8d22-483bef868b8b