PLANT FACT SHEET

Lepidium chalepense L.

GENUS *Lepidium* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are used as a vegetable.
The seeds are used as flavouring and in chutneys.

DESCRIPTION

A herb. It keeps growing from year to year.

HABITAT

It can grow in arid places.

REFERENCES

Royal Botanic Gardens, Kew (1999). Survey of Economic Plants for Arid and Semi-Arid Lands (SEPASAL) database. Published on the Internet; http://www.rbgkew.org.uk/ceb/sepasal/internet [Accessed 15th April 2011] (Cardaria draba subsp. chalepensis)

Tareen, N. M., et al, 2016, Ethnomedicinal Utilization of Wild Edible Vegetables in District Harnai of Balochistan Province - Pakistan. Pakistan Journal of Botany 48(3): 1159-1171 (As Cardaria chalepensis)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce3f6799-2fae-480f-86aa-df2873d65971