PLANT FACT SHEET

Gutenbergia cordifolia Benth. ex Oliv.

GENUS *Gutenbergia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. The leaves are alternate and narrowly oval. They are 2-15 cm long by 1-6 cm wide.

HABITAT

It is a tropical plant. It has been recorded between 1,200-2,400 m above sea level.

REFERENCES

Goode, P., 1989, Edible Plants of Uganda. FAO p 30 (As Erlangea cordifolia)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/ce5d7cfd-cb2c-41bf-b341-6931beafa0fd